

**DAFTAR PUSTAKA**

- Adib M., *Cara Mudah Memahami dan Menghindari Hipertensi Jantung dan Stroke* (Yogyakarta: Dianloka Pustaka Populer, 2009).
- Aji P.T., *Hubungan Status Gizi Dan Pendapatan Dengan Tingkat Kekambuhan Hipertensi Di Wilayah Puskesmas Gilingan Surakarta*, (Surakarta: 2010). 19: 2010 – 2011.
- Alison H., *Penyakit Jantung Hipertensi dan Nutrisi*, (Jakarta: Bumi Aksara, 1996).
- Arisman, *Gizi Dalam Daur Kehidupan* (Jakarta: Buku Kedokteran EGC, 2008).
- Bahathiq A.O.S., *Relationship of Leptin Hormones with Body Mass Index and Waist Circumference in Saudi Female Population of the Makkah Community*, (Arab Saudi: The Open Obesity Journal, 2010). 2(10): 95 – 100. From: Bentham Open, The Open Obesity Journal.
- Barasi, M.E., *At A Glance Ilmu Gizi* (Jakarta: Buku Kedokteran EGC, 2009).
- Bell, G.K., Ge K., & Popkin B.M., *Weight gain and its predictors in Chinese adults*. (Int J nationed Metabolism Disorder, 2001). 25: 1079 – 1086. From: International Journal of Obesity.

Bergman R.N., Van C.G.W., Mittelman S.D., Dea M.K., Hamilton W.M. Kim S.P., et al., *Central role of adipocytes in metabolic syndrome*. (J Investig Med, 2001). 49(1): 119 – 126. From: Journal of Investigative Medicine.

Bethesda. *Obesity And Hypertension: Two Epidemics Or One?* (Australia: Science Daily, 2008). 25: 17 – 18. From: Science Daily.

Boivin, B.M.P., Brochu G., Marceau S., Marceau P., Hould F.S., & Tchernof A., *Regional differences in adipose tissue metabolism in obese men*. (Metabolism, 2007). 56: 533 – 540. From: US National Library of Medicine National Institutes of Health.

Booth., *Child and Adolescent Obesity: Causes and Consequences, Prevention, and Management*, (Cambridge, New York: Cambridge University Press, 2002).

Bustan, *Epidemiologi Penyakit Tidak Menular*, (Jakarta: Rineka Cipta, 2000).

Caballero B., *Nutrition Paradox-underweight and obesity in developing countries*, (London: N Engl. J. Med, 2005). From: Perspective, Global Health.

Chakraborty, R., & Bose K., *Central Adiposity, Body Mass Index and Percent Body Fat Among Bengalee Hindu Male Slum Dwellers of Dum Dum*, (West Bengal, India: Obesity Journal, 2009). 1: 32 – 37. From: Bentham Open, The Open Obesity Journal.

Depkes, RI, *Analisis Situasi Gizi dan Kesehatan Masyarakat*, (Jakarta: 2004).

Dhall, M., Gupta S., Bhuker M., Sharma P., & Satwanti Kapoor, *Effectiveness of Various Anthropometric Indices in Prediction of Cardiovascular Risk Among Adult Jains*, (Delhi, India: Anthropology Journal, 2011). 4: 33 – 39.

From: Bentham Open, The Open Anthropology Journal.

El-Atat, Aneja A., Mcfarlane S., & Sowers J., *Obesity and hypertension*, (Endocrinol Metab. Clin N Am, 2003), 32(4):823-54. From: US National Library of Medicine National Institutes of Health.

Forman J.P., Stampfer M.J., & Curhan G.C., *Diet and Lifestyle Risk Factors Associated With Incident Hypertension*, (American: JAMA, 22 July 2009). 302(4): 401 – 411, From: Journal American Medical Association.

Grundy S.M., *Metabolic syndrome: connecting and reconceiling cardiovascular and diabetes world*, Center for Human Nutrition and Departments of Clinical Nutrition and Internal Medicine, University of Texas Southwestern Medical Center at Dallas, Dallas, Texas: 2006. 47: 1093 – 1110. From: J Am Coll Cardiol.

Hedley A.A., Ogden C.L., Johnson C.L., Carroll M.D., Curtin L.R., & Flegal K.M., *Prevalence of overweight and obesity among US children, adolescences, and adults*, American Medical Association: 2004. 291:2847-2850. From: JAMA

Kaplan N.M, *Primary Hypertension: Pathogenesis, Mechanism. Of Hypertension with Obesity in: Kaplan's Clinical Hypertension ninth edition*, (Philadelphia, USA: Lippincott W: 2006).

Khan R., Buse J., Ferrannini E., & Stern M., *The metabolic syndrome: time for critical appraisal*. Joint statement from the ADA and EGIR, *Diabetes Care*: 2005. 28: 2289 – 2304. From: the American Diabetes Association and the European Association.

Kohlmeier L., *Penyakit Jantung dan Tekanan Darah Tinggi* (Jakarta: Prestasi Pustaka Publisher, 2006).

Kurniawan A., *Gizi Seimbang Untuk Mencegah Hipertensi*, (Jakarta: Direktorat Gizi Masyarakat, 2002).

Mahan A., Bell A.C., Adair L.S., & Popkin B.M., *Ethnic differences in the association between body mass index and hypertension*, *Am J Epidemiology*: 2002. 155: 346 – 353. From: *Am J Epidemiology*.

Pearce E.C., *Anatomi dan Fisiologi Untuk Paramedis* (Jakarta: Gramedia, 2008).

Pranoto A., *Insulin Resistance and Diabetes: Consequences and Therapy*. Naskah Lengkap PKB IPD RSUD Dr. Soetomo. 2-6 Agustus: 2005.

Price S.A., *Patofisiologi* (Jakarta: Erlangga, 2006).

Ramadhan A.J., *Mencermati Berbagai Gangguan Pada Darah dan Pembuluh Darah*, (Jogjakarta: Diva press, 2010).

Sastroasmoro S., *Dasar-Dasar Metodologi penelitian Klinis*. Bagian Ilmu Kesehatan Anak FK UI, (Jakarta: Binarupa Aksara: 2000).

- Sastroamidjojo S., *Pegangan Penatalaksanaan Nutrisi Pasien*, (Jakarta: perhimpunan dokter gizi medik Indonesia, 2000).
- Schohlze J., Grimm E., Herrmann D., Unger T., & Kintscher U., *Treatment of obesity related hypertension: the hypertension obesity sibutramine (HOS) study*, *Circulation*: 2007. 155: 1991 – 1998. From: US National Library of Medicine National Institutes of Health.
- Semiardji, *The Significant of Visceral Fat in Metabolic Syndrome*, (Jakarta: Diabetes Meeting 9-10 Oktober, 2004).
- Sigarlaki, H.J.O., *Karakteristik dan Faktor Berhubungan Dengan Hipertensi di Desa Bocor, Kecamatan Bulus Pesantren*, (Kebumen, Jawa Tengah: Jurnal Makara Kesehatan, 2006). 10: 2, 78 – 88. From: Makara Kesehatan.
- Soegondo S., "Obesitas dan Metabolisme Lipid : Paradigma Baru" di dalam *Naskah Lengkap Penyakit Dalam. PIT 2004* (Pusat Informasi dan Penerbitan Departemen Ilmu Penyakit Dalam FKUI, 2004).
- Supariasa, I.D.N., *Penilaian Status Gizi*, (Jakarta: Erlangga, 2001).
- Susalit E., *Penyakit Jantung dan Tekanan Darah Tinggi; Pengenalan Gejala, pencegahan, dan Penanganan dengan metode alami*, (Jakarta: Prestasi Pustakarya, 2009).
- Suyatno, *Penentuan Status Gizi*, (Semarang: Kedokteran EGC, 2002).

Taylor E.N., Stampfer M.J., & Curhan G.C., *Obesity, Weight Gain, and the Risk*, (American: JAMA, 26 January 2005). 293(4): 455 – 462, From: Journal American Medical Association.

Tharkar, S., Viswanathan V., *Impact of Socioeconomic Status on Prevalence of Overweight and Obesity Among Children and Adolescents in Urban India*, (Roya Pura, India: Obesity Journal, 2009). 1: 9 – 14. From: Bentham Open, The Open Obesity Journal.

Tjokropawiro A., *The Mets: One of The Major Threat to Human Health*, (Plenary Lecture Surabaya Metabolic Syndrome Update-1, Surabaya: 19-20 Februari. 2005).

Tjokropawiro A., *New approach in the treatment of T2DM and metabolic syndrome*, (The Indonesian Journal of Internal Medicine: 2006), 38:160 – 168. From: The Indonesian Journal of Internal Medicine.

Wahba M., & Mak R.H., *Obesity and obesity initiated metabolic syndrome: mechanistic link to chronic kidney disease*, Clin J Am Soc Nephrol: 2007. 2: 550 – 556. From: Clinical Journal of the American Society of Nephrology.

Wang, C.H., Burniat W., Cole T.J., Lissau I., & Poskitt E., *The Renin Angiotensin System and the Metabolic Syndrome*, (Chapel Hill: USA, Hypertension Journal, 2010). 3: 1 – 13. From: JAMA.

Waspadji S., “Terapi Nutrisi pada Sindrom Metabolik : Sejauh Mana Manfaatnya ? “ di dalam *Naskah Lengkap Penyakit Dalam. PIT 2004* (Pusat Infomarsi dan Penerbitan Departemen Ilmu Penyakit Dalam FKUI, 2004).

Widjaya, *Obesitas dan sindroma metabolik*, (Forum Diagnosticum: 2004).  
4: 1–16.

Zhang Q., & Wang Y., *Trends in the association between obesity socioeconomic status in US adults*, (Amerika: Obesity Research, 2004). 12: 1622 – 1632.  
From: the American Diabetes Association and the European Association.

Zimmet P., Alberti K.G., & Shaw J.E., *Mainstreaming the metabolic syndrome: a definite definition*, (Australia: Medical Journal of Australia, 2005). 183:175-176. From: Medical Journal of Australia.